

# AUTUMN/WINTER 2025 MENU

# WEEK 1

## TOW LAW MILLENNIUM PRIMARY SCHOOL



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### HOT DISHES

#### DELI

OPTION 1

OPTION 2

OPTION 3

OPTION 4

Cheese and Tomato Pizza with Potato Wedges and Baked Beans

OR

Spicy Pasta Bake

OR

Jacket Potato with Tuna Mayonnaise

OR

Ham Sandwich

Cheese and Tomato Pizza with Potato Wedges and Baked Beans

OR

**THEME DAY**  
Chicken Katsu with Wholegrain Rice

OR

BBQ Vegetable Wrap with Potato Wedges

OR

Jacket Potato with Baked Beans

OR

Cheese and Tuna Panini Melt

Roast Chicken with Potatoes and Gravy

OR

Quorn Roast with Potatoes and Gravy

OR

Jacket Potato with Tuna Mayonnaise

OR

Cheese Sandwich

Minced Beef and Dumplings with Mashed Potato

OR

Chinese Vegetable Noodles

OR

Jacket Potato with Cheese

OR

Cheese Panini Melt

Breaded Fish Fingers with Chips

OR

Veggie Burger with Chips

OR

Jacket Potato with Baked Beans

OR

Ham Sandwich

ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

#### VEG

Sweetcorn Salad Bar

Garden Peas  
Broccoli

Cauliflower  
Sweetcorn

Green Beans  
Carrots

Baked Beans  
Garden Peas

#### DESSERT

Vanilla Crunch

Oatie Cookie with Fruit

Cornflake Tart

Apple Crumble with Custard

Chocolate Ice Cream



#### AVAILABLE DAILY

Fresh Fruit, Freshly Baked Bread, Yoghurt and Water

Vegetarian

Wholegrain

Nutritionist's choice

Oily fish

Fruity!

Vegan

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Chartwells Schools



# AUTUMN/WINTER 2025 MENU

# WEEK 2 TOW LAW MILLENNIUM PRIMARY SCHOOL

|   |                 | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY                                       |
|---|-----------------|---|--|--|---|--|
| <b>HOT DISHES</b>   | <b>OPTION 1</b> | Cheese and Tomato Pizza with Potato Wedges<br><i>OR</i> | Pork Sausage with Yorkshire Pudding Mashed Potato and Gravy<br><i>OR</i> | Roast Chicken with Stuffing, Potatoes and Gravy<br><i>OR</i> | Chicken Korma with Wholegrain Rice<br><i>OR</i> | Breaded Fish Fingers with Chips<br><i>OR</i> |
|   | <b>OPTION 2</b> | Veggie Sausage in a Bun with Potato Wedges<br><i>OR</i> | Cheese and Onion Pie Mashed Potato and Gravy<br><i>OR</i>                | Quorn Roast with Stuffing, Potatoes and Gravy<br><i>OR</i>   | Macaroni Cheese<br><i>OR</i>                    | Quorn Dippers with Chips<br><i>OR</i>        |
|   | <b>OPTION 3</b> | Jacket Potato with Cheese<br><i>OR</i>                  | Jacket Potato with Baked Beans<br><i>OR</i>                              | Jacket Potato with Tuna Mayonnaise<br><i>OR</i>              | Jacket Potato with Cheese<br><i>OR</i>          | Jacket Potato with Baked Beans<br><i>OR</i>  |
| <b>DELI</b>   | <b>OPTION 4</b> | Ham Sandwich  | Cheese and Tuna Panini Melt  | Cheese Sandwich<br><i>OR</i>                                 | Cheese Panini Melt<br><i>OR</i>                 | Ham Sandwich                                 |
| <b>ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD</b> |                 |   |  |  |   |  |
| <b>VEG</b>  |                 | Sweetcorn Broccoli<br><i>OR</i>                         | Garden Peas Carrots<br><i>OR</i>   | Green Beans Cauliflower<br><i>OR</i>                         | Carrots Sweetcorn<br><i>OR</i>                  | Baked Beans Garden Peas<br><i>OR</i>         |
| <b>DESSERT</b>  |                 | Crispy Crackle Bar                                      | Chocolate Cookie with Fruit<br><i>OR</i>                                 | Flapjack with Custard<br><i>OR</i>                           | Lemon Cake<br><i>OR</i>                         | Strawberry Ice Cream                         |



### AVAILABLE DAILY

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Vegetarian

Wholegrain

Nutritionist's choice

Oily fish

Fruity!

Vegan

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# AUTUMN/WINTER 2025 MENU

# WEEK 3 TOW LAW MILLENNIUM PRIMARY SCHOOL



## MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

### HOT DISHES

#### OPTION 1 OPTION 2 OPTION 3 OPTION 4

|                 |   |   |   |   |  |
|-----------------|---|---|---|---|--|
| <b>OPTION 1</b> | Cheese and Tomato Pizza with Potato Wedges<br><i>OR</i> | Homemade Sausage Roll with Potato Wedges and Baked Beans<br><i>OR</i> | Roast Gammon with Yorkshire Pudding, Mashed Potato and Gravy<br><i>OR</i> | Beef Bolognese with Wholemeal Pasta<br><i>OR</i>  | Breaded Fish Fingers with Chips<br><i>OR</i> |
| <b>OPTION 2</b> | Macaroni Cheese<br><i>OR</i>                            | Vegetable Korma with Wholegrain Rice<br><i>OR</i>                     | Quorn Roast with Yorkshire Pudding, Mashed Potato and Gravy<br><i>OR</i>  | Meatless Ball Sub with Potato Wedges<br><i>OR</i> | Quorn Dippers with Chips<br><i>OR</i>        |
| <b>OPTION 3</b> | Jacket Potato with Cheese<br><i>OR</i>                  | Jacket Potato with Baked Beans<br><i>OR</i>                           | Jacket Potato with Tuna Mayonnaise<br><i>OR</i>                           | Jacket Potato with Cheese<br><i>OR</i>            | Jacket Potato with Baked Beans<br><i>OR</i>  |
| <b>OPTION 4</b> | Ham Sandwich<br><i>OR</i>                               | Cheese and Tuna Panini Melt<br><i>OR</i>                              | Cheese Sandwich<br><i>OR</i>  | Cheese Panini Melt<br><i>OR</i>                   | Ham Sandwich<br><i>OR</i>                    |

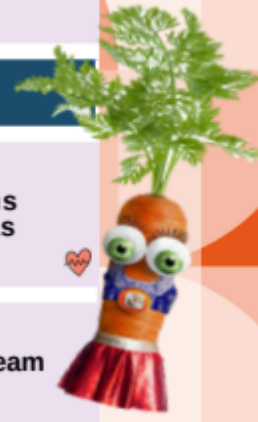
ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

### VEG

|                        |                           |                         |                       |                             |
|------------------------|---------------------------|-------------------------|-----------------------|-----------------------------|
| Broccoli Sweetcorn<br> | Salad Bar Garden Peas<br> | Carrots Cauliflower<br> | Carrots Sweetcorn<br> | Baked Beans Garden Peas<br> |
|------------------------|---------------------------|-------------------------|-----------------------|-----------------------------|

### DESSERT

|                       |                         |   |                             |                   |
|-----------------------|-------------------------|---|-----------------------------|-------------------|
| Chocolate Marble Cake | Flapjack with Fruit<br> | Raspberry Yoghurt Cake with Custard<br> | Lemon Cookie with Fruit<br> | Vanilla Ice Cream |
|-----------------------|-------------------------|---|-----------------------------|-------------------|



**AVAILABLE DAILY**  
Fresh Fruit, Freshly Baked Bread, Yoghurt and Water



Vegetarian Wholegrain Nutritionist's choice Oily fish Fruity! Vegan

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