

Seafood with this mark comes from an MSC

certified sustainable fishery www.msc.org

A FORCE FOR FOOD!

Autumn/Winter 2021 Menu - Week One

Tow Law Millennium Primary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Casserole (v) with Creamed Potato	Pasta Bolognese with Garlic Dough Balls	Roast Chicken with Yorkshire Pudding, Roast Potatoes and Gravy	Turkey Korma with Wholegrain Rice	Lightly Battered Fish and Chips with Tomato Sauce
Chicken Goujons with Baked Jacket Wedges and Garlic Dip	Cheese and Onion Quiche (v) with Baked New Potatoes	Macaroni Cheese (v) with Crispy Croutons	Two Cheese Pizza (v) with Half Jacket Potato	Chilli Taco (v) with Chips
Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Sweetcorn Green Beans Fresh Salad Selection	Sliced Carrots Sweet Garden Peas Fresh Salad Selection	Mixed Vegetables Swede Fresh Salad Selection	Broccoli Florets Sweetcorn Fresh Salad Selection	Baked Beans Sweet Garden Peas Fresh Salad Selection
Lemon Drizzle Drops	Feathered Jam Sponge or Jam Roly Poly with Custard	Vanilla Crunch with Custard	Toffee Apple Cake with Custard	Raspberry Bun with Fruit Slices



Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts. Drinking water will be served with every meal.





Autumn/Winter 2021 Menu - Week Three

Tow Law Millennium Primary School

000	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Corned Beef Pie with New Potatoes and Gravy	Creamy Chicken Curry with Wholegrain Rice	Roast Pork Loin with Roast Potatoes, Apple Sauce and Gravy	Mince Cobbler with Creamed Potato	Lightly Battered Fish and Chips with Tomato Sauce
	Cheesy Pasta bake (v)	Wholemeal Cheese and Tomato Pizza (v) with Baked Jacket Wedges	Pasta Bolognese (v)	Baked Omelette (v) with New Potatoes	Sausage in a Bun (v) with Chips and Tomato Sauce
	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
	Sliced Carrots Sweet Garden Peas Fresh Salad Selection	Sweetcorn Broccoli Florets Fresh Salad Selection	Mixed Vegetables Cabbage Fresh Salad Selection	Sliced Carrots Green Beans Fresh Salad Selection	Sweet Garden Peas Baked Beans Fresh Salad Selection
0	Chocolate Sponge with Chocolate Sauce	Vanilla Cookie with Apple Slices	Cornflake Tart with Custard	Chocolate Orange Crunch with Orange Wedge	Rice Pudding with Jam Sauce

Available Daily

Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts. Drinking water will be served with every meal.







Autumn/Winter 2021 Menu - Week Two

Tow Law Millennium Primary School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Toad in the Hole with Baked New Potatoes	Chicken Pie with Creamed Potato and Gravy	Roast Turkey with Stuffing, Roast Potatoes and Gravy	Mince and Dumplings with Creamed Potato	Fish Fingers (pollock and salmon) with Chips and Tomato Sauce
Baked Bean Pasta Bake (v)	Spanish Omelette (v) with Peppers and Potatoes	Margarita Pizza (v) with Roast Potatoes	Meatball Pasta(v)	Tuna or Cheese Melt (v) with Chips
Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Cauliflower Florets Sweet Garden Peas Fresh Salad Selection	Green Beans Sliced Carrots Fresh Salad Selection	Swede Broccoli Florets Fresh Salad Selection	Sliced Carrots Sweetcorn Fresh Salad Selection	Sweet Garden Peas Baked Beans Fresh Salad Selection
Fruit Flapjack with Custard	Sticky Toffee Pudding with Custard	Chocolate Fudge Cake	Lemon Sponge with Custard	Chocolate Cookie with Sliced Orange

Available Daily

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